

Supplementary report from Martin Earl 13/12/2021

Dear All,

I was hoping not to have to put out another update e mail on Covid19 however given developments in the last few days....

Here is a link to the latest advice and requirements as issued by the Scottish Government.

In brief :-

Advice is to work from home where possible

- Taking frequent Lateral Flow Device tests, and, more specifically, taking one each and every time before mixing with others outside your household. The tests are freely available at local pharmacies; you can order them online here: [ordertests](#) or you can pick them up all through this month from the community testing locations listed below.
- Wearing face coverings in all indoor settings for food and retail; on public transport and in all communal spaces if you are working in one of our premises
- Getting a Covid booster jag if you are eligible. You can book your booster online via. <https://www.nhsinform.scot/vaccinebooking>
- Washing and sanitising your hands regularly

Full details here with drop down menus :-

<https://www.gov.scot/coronavirus-covid-19/>

Regards
Martin

Councillor Martin Earl
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